

UPDATE

www.aala.us

Week of March 2, 2015

AALA ELECTION RESULTS – RUN-OFF FOR PRESIDENT

Voting for Executive Board officers closed at 11:45 p.m., Thursday evening, February 26, 2015. For AALA President, none of the six candidates attained the required 50% + one of those voting to be declared winner. With 1,152 active members voting for president, the top vote getters were **Juan A. Flecha** (28.5%), **Dr. Randall V. Delling** (20.3%) and **Dr. Debbie Dillard** (20.1%). Only two votes separated Delling and Dillard. A run-off vote between Flecha and Delling will be held beginning Friday, March 13, 2015, through Thursday, March 19, 2015.

As shown below, each AALA department, Unit J, Adult, Supervisor, Secondary and Elementary, elected a Vice President or Director. AALA congratulates the winners of these races.

The results are shown below, with the winning candidate(s) in bold print. Write-ins are not included, since there were fewer than 10 votes across all offices.

IN THIS ISSUE

- DAILY FLUSHING GUIDELINES
- SUMMER ADMINISTRATIVE ASSIGNMENTS
- HEALTH BENEFITS FAQ
- CONGRATULATIONS
- SPECIAL EDUCATION TASK FORCE
- WEEK OF SCHOOL ADMINISTRATOR
- RETIREMENT ADVISORY COMMITTEE
- IMPORTANT DUE DATE
- IN MEMORIAM
- SAVE THE DATES
- CALENDAR
- FYI

President	Votes	Percent
Harold Boger	156	13.5%
Dr. Randall V. Delling (Run-Off)	234	20.3%
Dr. Debbie Dillard	232	20.1%
Juan A. Flecha (Run-Off)	328	28.5%
Kevin Kilpatrick	121	10.5%
Salvador A. Velasco	76	6.6%

Elementary Vice President	Votes	Percent
Nery Paiz	185	56.2%
Dalys A. Stewart	139	42.3%

Secondary Vice President	Votes	Percent
Robert Clarke	92	31%
Margaret Prietto	201	68%

Adult Director	Votes	Percent
Juan Urdiales	29	93.1%

Supervisory Director	Votes	Percent
Victor Gonzalez, Ed.D.	343	99.1%

Unit J Vice President	Votes	Percent
John C. Gilbert	76	97.4%

DAILY FLUSHING GUIDELINES

The Office of Environmental Health and Safety has established guidelines to reduce lead in water used by students and employees for drinking or food preparation and requires that such faucets be flushed for a minimum of 30 seconds prior to the first use of the day. The reason for this regulation is that *water that remains stationary for extended periods of time can leach lead out of pipes* and pose a hazard for those who may consume it. Galvanized piping, brass fixtures and pipes that have been joined with solder that contains lead are found in most schools. Several AALA members who are working in newer sites that have copper piping have questioned the need for this daily procedure. **Dr. Judith Perez**, AALA President, and **Dan Isaacs** recently met with **Dr. Thelma Meléndez**, Chief Executive Officer, Educational Services, and raised this issue. We thank her for her prompt response which is printed below:

*Rationale for new schools w/copper piping being required to flush (provided by **Robert Laughton**, OEHS Director):* In 1988, LAUSD implemented a daily flushing requirement for all drinking water fountains to reduce lead levels. This was based on a joint study conducted by the District and the Department of Water and Power (the water purveyor) and recommendations made by the Department of Education. When the District bulletin was updated in 2008, it did exempt schools and offices constructed after 2002 from the daily flushing requirement. This decision was based on the current construction standards and District specifications which minimized lead-containing construction materials.

Later that same year, the District initiated baseline testing of all drinking water fixtures at all sites. We found that several schools and structures built after 2002 had lead above the EPA's Action Level. The policy bulletin was again revised in 2009 to clarify that newly constructed facilities were no longer exempt from flushing. The Office of Environmental Health and Safety is currently working on a plan that may allow some schools to no longer flush based on corrective actions taken and sampling data. Currently, Facilities is running an analysis of how many schools may have been built after the code schools, sampling will need to be conducted. In order to remove schools from flushing (requirement from the EPA) they would have to be completely free of lead.

SUMMER ADMINISTRATIVE ASSIGNMENTS

AALA thanks **Dr. Victor Gonzalez** for providing this information.

Administrators interested in applying for the position of summer school principal must complete the online Summer School Administrator Application at <https://summer.lausd.net>. The summer school administrator online application period is February 17, 2015, to March 6, 2015. The following information is subject to Board approval of the 2015-2016 calendar, funding and other considerations:

- High school summer school will be a 5-week program held from June 15, 2015, to July 17, 2015; principal hours are 7:30 a.m. to 2:00 p.m. For more information, refer to [MEM-6440.0 High School 2015 Credit Recovery Summer School Program Administrative Assignments & Application Process](#).
- CORE Waiver elementary and middle school programs will provide a 4-week summer program from June 15 through July 10, 2015; principal hours are 8:00 a.m. to 12:30 p.m. For more information, refer to [MEM-6439.0 Elementary and Middle School 2015 CORE Waiver ELOS Program Administrative Assignments and Application Process](#).

HEALTH BENEFITS FAQ: *MIND AND BODY PRACTICES ARE ON THE RISE*

What is meant by “mind and body” practices?

“Mind and body” refers to the powerful connection between our mental and physical states. Mind-body practices focus on treatments that promote health. The most common treatments include yoga, massage, meditation, acupuncture, chiropractic manipulation and use of natural dietary supplements. According to the National Institutes of Health (NIH), clinical trials have shown mind-body treatments to improve the quality of life and help manage conditions such as arthritis, chronic pain, disease symptoms and stress. As research continues to demonstrate their effectiveness, mind-body therapies are becoming combined with conventional medical practices called *complementary medicine* or *complementary approaches*. When mind-body practices are used to replace conventional medicine, they are classified under the term *alternative medicine*.

How widespread are mind and body practices?

A national survey released in February 2015, reports that 21 million American adults and 1.7 million children practiced yoga; 20 million adults and 1.9 million children had chiropractic or osteopathic manipulation and 18 million adults and 927,000 children practiced meditation. The survey also found 18% of American adults use natural products, the top five of which are: fish oil/Omega 3 fatty acids, glucosamine and/or chondroitin, probiotics or prebiotics, melatonin and coenzyme Q10.

What do specific mind-body practices entail?

The following terms are taken directly from the NIH National Center for Complementary and Integrative Health webpage at: <https://nccih.nih.gov/health/whatiscaam>:

- **Acupuncture** is a technique in which practitioners stimulate specific points on the body—most often by inserting thin needles through the skin.
- **Massage** therapy includes many different techniques in which practitioners manually manipulate the soft tissues of the body.
- **Meditation** techniques, such as mindfulness meditation or transcendental meditation, involve ways in which a person learns to focus attention.
- **Movement** therapies include a broad range of Eastern and Western movement-based approaches. Examples include the Feldenkrais method, the Alexander technique, Pilates, Rolfing Structural Integration and Trager psychophysical integration.
- **Relaxation** techniques, such as breathing exercises, guided imagery and progressive muscle relaxation, are designed to produce the body’s natural relaxation response.
- **Spinal manipulation** is practiced by health care professionals such as chiropractors, osteopathic physicians, naturopathic physicians, physical therapists and some medical doctors. Practitioners perform spinal manipulation by using their hands or a device to apply a controlled force to a joint of the spine. The amount of force applied depends on the form of manipulation used.
- **Tai chi** and **qi gong** are practices from traditional Chinese medicine that combine specific movements or postures, coordinated breathing and mental focus.
- The various styles of **yoga** used for health purposes typically combine physical postures or movement, breathing techniques and meditation.
- **Healing touch** and **hypnotherapy** are two other examples of mind and body practices.

The next issue of *UPDATE* will cover mind and body therapies covered by District medical plans.



Dorsey High School (**Reginald Sample**, Principal) was recently selected by **Tom Torlakson**, State Superintendent of Public Instruction, to compete in the U.S. Department of Education Green Ribbon Schools recognition program. Dorsey was one of four schools and one district selected to represent the state in this program that honors schools that excel in energy conservation and environmental education. The schools and district were also named “Green Achievers,” the highest honor in California’s Green Ribbon awards program. Green Ribbon Schools demonstrate exemplary achievement in reducing environmental impact and costs; improving the health and wellness of schools, students and staff; and providing effective environmental and sustainability literacy.

RECOMMENDATIONS FROM SPECIAL EDUCATION TASK FORCE

Ninety percent of California special education students have no cognitive impairment, yet the achievement rates of these students is significantly lower than that of their peers and the lowest of all subgroups. Students with a speech and language impairment make up the largest group of the special education population and a new report from the Statewide Special Education Task Force is calling on school districts to provide details in their Local Control Accountability Plans on how they are improving outcomes for these children.

The Task Force was funded by the Schwab and Stuart foundations to examine the state’s special education system and to make recommendations to the State Board of Education, the Commission on Teacher Credentialing and the California Department of Education for consideration. Current policies tend to isolate special education as a unique and separate system that parallels general education in contrast with current research, which suggests that inclusive practices and integrated systems provide more high-quality, cost-effective special programs. The Task Force membership includes parents, teachers, school and district administrators, university professors, members of the policy community and other stakeholder groups and was established in 2013 with an intent to present its findings in the fall of 2014.

The Task Force presented a draft version of its report at a meeting of the Advisory Commission on Special Education in February. A few of the forty-four recommendations include that federal and state funding for special education be equalized across the state; that special education teachers would be qualified to teach in general education; children with learning, intellectual or physical disabilities be identified early; education plans for special education children be aligned to Common Core Standards; and that training for new teachers and ongoing professional development be improved.

The entire report will be presented to the State Board of Education in March. Previous efforts to make special education more effective have not resulted in major changes, said **Maureen O’Leary Burness**, Co-Executive Director of the Task Force. “But the hope is that this one will be different.”

WEEK OF THE SCHOOL ADMINISTRATOR

Since 1999, the first full week of March has been designated as the *Week of the School Administrator*, and school districts and boards of education have taken that time to recognize the contributions of these individuals. Last June, **Governor Brown** approved legislation to move the week to the first week in October. The legislation was introduced by State Senator **Jean Fuller** (R-Bakersfield), who was previously Superintendent of Schools in Bakersfield City Schools, and supported by ACSA with the rationale being that since the second week of March usually coincided with the issuance of the March 15 notifications, this was too stressful a time period to honor administrators. This is a logical move since administrators in LAUSD have historically received the March 15 notices, irrespective of budget conditions and it is somewhat ludicrous to be lauded for your accomplishments one week and told your services probably will no longer be needed the next. October was selected because Bosses' Day occurs in that month and the celebrations could be combined.

NEWS FROM THE RETIREMENT INVESTMENT ADVISORY COMMITTEE

AALA thanks **Brad Rumble**, Principal of Esperanza ES, for providing this information.

- The committee and LAUSD are exploring the possibility of offering a Roth IRA option within the 457(b) that is currently offered. However, according to the CFO's office, such an offering will not be ready for at least 15 months.
- The overall performance of the 457(b) plan that the District offers continues to be strong, yielding the following returns: 4th quarter 2014 - 3.59%; 2014 - 8.56%; 3 years - 16.54%; 5 years - 13.06%.
- The 457(b) plan provider, TIAA-CREF, is preparing marketing materials to reach more District employees. It appears that principals understand that the 457(b) representatives, usually Art Wexler and Jan Billings, are allowed on campus but 403(b) salespersons are not.
- The default selection for employees who contribute to a 457(b) but do not indicate a choice of fund is now either the BlackRock LifePath or the Vanguard Wellesly Fund.

IMPORTANT DUE DATE – FRIDAY, FEBRUARY 27, 2015

The following applications and nomination forms are due **Friday, February 27, 2015:**

- AALA Scholarship Application
- AALA Community Volunteer Award Nomination Form
- AALA Administrator of the Year Nomination Form

Don't let your students miss out on this excellent scholarship opportunity, and don't you miss out on this opportunity to nominate an outstanding community volunteer and/or a deserving administrative colleague for these respective recognitions.

IN MEMORIAM

KULDIP SADHAL—Senior Technical Project Manager (Unit J) in ITD Enterprise Applications Branch passed away on Wednesday, February 11, 2015. Services were private.

SAVE THE DATES!

- CalPERS is holding a Benefits Education event this month on March 13-14, 2015, at the Hilton Hotel in Irvine, California. Information will be available on retirement benefits, supplemental savings plans, long-term care coverage and more. Representatives from CalPERS will be on hand to answer questions. The event is open both days from 8:30 a.m. to 4:00 p.m. and will feature breakout sessions specific to both early through midcareer members and those nearing retirement. All CalPERS members are urged to attend. For more information, please visit www.calpers.ca.gov.
- All LAUSD employees are invited to an Investment Workshop cosponsored by LAUSD's Retirement Investment Advisory Committee and UTLA's Pre-Retirement Issues Committee. The workshop will take place at UTLA headquarters, 3303 Wilshire Blvd., Los Angeles, on Saturday, April 25, 2015, from 8:00 a.m. to 3:00 p.m. **Rick Rodgers**, AIFA, Vice President of Innovest Portfolio Solutions, and **Barbara Healy**, AIF, Consultant, will speak. The cost is only \$5 per person and light breakfast and lunch will be served. Pre-registration is required at: www.utla.net/investworkshopregistration042515. For more information, contact **Evy Vaughn**, UTLA Conference Secretary, at 213.487.5560.

CALENDAR

EVENT	DATE	CONTACT
AALA Administrator of the Year Applications Due	February 27, 2015	Cathy Vacca , 213.484.2226 or cvacca@aala.us
AJE Presents <i>Hava Nagila</i> at Yeshiva of Los Angeles Girls School	March 1, 2015 2:00 p.m. – 4:00 p.m.	Maralyn Soifer , paulmaral@yahoo.com
ELECTION DAY	March 3, 2015	
SHSPO Meeting at Orthopaedic Hospital Senior High Medial Magnet	March 4, 2015 7:30 a.m.	Luis Rodriguez-Cazares , luis.x.rodriguez@lausd.net
MSPO Meeting at Orthopaedic Hospital Senior High Medial Magnet	March 4, 2015 7:30 a.m.	Debi Acosta , 818.951.2580 or dacosta@lausd.net
SHSOPO Meeting at Bernstein HS	March 5, 2015 1:30 p.m.	Jason Camp , 818.881.7737 or Jason.camp@lausd.net

Associated Administrators of Los Angeles

EVENT	DATE	CONTACT
CalSTRS Pre-Retirement Workshop at South Gate HS, Auditorium	March 5, 2015 4:00 p.m.	
Town Hall Meeting with Dr. George McKenna at John Burroughs MS	March 5, 2015 6:00 p.m. – 7:30 p.m.	Paubla Roma , 323.939.6315 or paubla.romo@lausd.net
Deadline for Applying for Summer Administrative Positions	March 6, 2015	Dr. Victor Gonzalez , victor.gonzalez@lausd.net
AAALA Executive Board Meeting	March 9, 2015 4:30 p.m.	Gema Pivaral , 213.484.2226 or gpivaral@aala.us
PSO Meeting (Required)	March 11, 2015	Jose Navarro , 818.838.3915 or jose.l.navarro@lasud.net
CalSTRS Pre-Retirement Workshop at Sheridan St. ES, Auditorium	March 11, 2015 4:00 p.m.	
AAPA Professional Development at Sotomayor LC	March 11, 2015 5:30 p.m. - 6:30 p.m. 6:45 p.m. - 7:45 p.m.	Daniel Kim , daniel.kim@lausd.net
CalSTRS Pre-Retirement Workshop at Eagle Rock HS, Student Dining Room	March 12, 2015 4:00 p.m.	
CalPERS Benefits Education Event at Hilton Irvine/Orange County Airport	March 13 -14, 2015 8:30 a.m. – 4:00 p.m.	CalPERS Benefits Events
Becoming an Autonomous School Workshop at UTLA HQ	March 14, 2015 8:00 a.m. – 11:00 a.m.	RSVP at http://achieve.lausd.net/Page/1393
ASPCO Meeting at Cochran MS	March 19, 2015 8:00 a.m.	Dr. Lilia Postell , 818.678.5112 or lp9321@lausd.net
AEMP-AMAE Parent Conference at Cesar Chavez ES	March 21, 2015	Antonio Camacho , 310.251.6306 acamacho1950@sbcglobal.net
AEIOU Opera Night at Casa Italiana	March 21, 2015	John Gravino , 323.254.9084
COBA Meeting at Crenshaw HS Library	March 25, 2015 5:30 p.m.	Josephine Ruffin , 323.296.2040 or www.cobalausd.net
CalSTRS Pre-Retirement Workshop at Woodland Hills ES, Auditorium	March 26, 2015 4:00 p.m.	
Spring Recess AAALA Office Closed	March 30 – April 3, 2015	

FYI...

Individuals, businesses or organizations that wish to communicate with AALA members may do so by placing an ad/announcement in the *Update*. All ads/announcements must receive the approval of **Dr. Judith Perez**, AALA President, and be deemed appropriate for members. The price to run an ad is \$80-\$100 for one week; \$150-\$180 for two weeks; and \$195-\$240 for three weeks, depending on the size. Fees for ads are payable to *Friends of AALA* and help support our scholarship and awards programs.

POSITIONS AVAILABLE

Note to Applicants: Please be advised that you are responsible for making sure all the District requirements have been met. Do not contact AALA for information regarding positions; for detailed requirements for positions and employment updates use the contact phone number provided in the announcement or visit the District website at <http://www.lausdjobs.org> (classified) or http://teachinla.com/admin_vacancies/ (certificated). Employees who change basis during the school year may not earn a full year of service credit and annualized employees who change their basis during the year may sustain an annualized settlement.

CERTIFICATED, SCHOOL-BASED

INSTRUCTIONAL SPECIALIST

Communication and Technology School at Diego Rivera Learning Center, ISIC, MST 40G, Temporary Adviser, B Basis. For more information and application procedures, please contact **Dr. Annick Draghi**, Instructional Director, at 213.241.0100 or adraghi@lausd.net. Application deadline is 5:00 p.m., Friday, March 13, 2015.

CERTIFICATED, NON-SCHOOL-BASED

TEACHING AND LEARNING COORDINATOR, ESC

Talent Management Division, MST 41G, Temporary Adviser, E Basis. For more information and application procedures, please contact **Cuong Luu** at 213.241.3444 or cnl5473@lausd.net. Application deadline is 5:00 p.m., Friday, March 6, 2015.

SPECIALIST, PSYCHOLOGICAL SERVICES

Division of Special Education, MST 38G, E Basis, 5 positions. For more information and application procedures, please contact **Beth Kauffman**, Director, at 213.241.8303. Application deadline is 5:00 p.m., Friday, March 20, 2015.

CLASSIFIED

SPECIAL ASSISTANT, CHIEF FACILITIES EXECUTIVE

Facilities Services Division, \$97,700 - \$121,000, A Basis. For more information and application procedures, please click [HERE](#). Application deadline is Tuesday, March 17, 2015.

CLASSIFIED (Cont.)

ASSOCIATE STRATEGIC PLANNING ENGINEER

Information Technology Division, \$110,800 - \$138,100, A Basis. For more information and application procedures, please click [HERE](#). Application deadline is Thursday, March 12, 2015.

SAP WORKFLOW ANALYST

Information Technology Division, \$79,000 - \$99,400, A Basis. For more information and application procedures, please click [HERE](#). Application deadline is Thursday, March 12, 2015.

PREVIOUSLY ANNOUNCED POSITIONS

CERTIFICATED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>INSTRUCTIONAL SPECIALIST</i> MST 38G, B Basis	Hart Street and Sylvan Park ES, ESC North	Victoria Christie, Instructional Director, 818.654.3600	5:00 p.m. Wednesday March 4, 2015
<i>INSTRUCTIONAL SPECIALIST</i> MST 40G, B Basis	Vista MS, ISIC	Dr. Paula Nelson, Instructional Director, 213.241.0100 or paula.nelson@lausd.net	5:00 p.m. Wednesday March 4, 2015
<i>PRINCIPAL, ELEMENTARY</i> MST 40G, E Basis	Melrose Elementary Math, Science & Technology Magnet School, ESC West	Joyce Dara, Instructional Director, 310.914.2100 or jdara@lausd.net	5:00 p.m. Thursday March 5, 2015
CLASSIFIED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>WAN SPECIALIST II</i> \$66,300 - \$95,100, A Basis	Information Technology Division	Please click HERE	Tuesday March 17, 2015
<i>CHIEF INFORMATION OFFICER</i> \$179,148 - \$223,186, A Basis	Information Technology Division	Deborah Jansen, deborah.jansen@lausd.net or 213.241.5449	Until Filled