

# Associated Administrators of Los Angeles

## 2019 MEDICAL, DENTAL, VISION, LIFE INSURANCE, AND FSA PLANS

PLAN NAME	PHONE	WEB ADDRESS	OTHER USEFUL INFORMATION
<b>Anthem Blue Cross Select HMO and EPO</b>	800.700.3739	<a href="http://www.anthem.com/ca">www.anthem.com/ca</a>	24/7 Nurse Line – 800.977.0027
<b>Prescriptions</b> CVSCaremark SilverScript (for EPO Medicare retirees)	888.752.7229 844.819.3075	<a href="http://www.caremark.com">www.caremark.com</a> <a href="http://www.silverscript.com">www.silverscript.com</a>	
<b>Anthem Medicare Preferred (PPO)</b>	833.277.5222	<a href="http://www.anthem.com/ca">www.anthem.com/ca</a>	Former EPO members should create a new login for this plan
<b>Silver Sneakers</b>	866.584.7389	<a href="http://www.silversneakers.com">www.silversneakers.com</a>	Call or register online to enroll in Silver Sneakers
<b>Prescriptions SilverScript</b>	844.819.3075	<a href="http://www.silverscript.com">www.silverscript.com</a>	
<b>Health Net HMO</b>	800.654.9821	<a href="http://www.healthnet.com/lausd">www.healthnet.com/lausd</a>	MDLive, virtual telehealth, <a href="https://welcome.mdlive.com/">https://welcome.mdlive.com/</a>
<b>Health Net Seniority Plus</b>	844.542.0102	<a href="http://www.healthnet.com/lausd">www.healthnet.com/lausd</a>	
<b>Kaiser HMO and Kaiser Senior Advantage</b>	800.464.4000	<a href="http://www.kp.org">www.kp.org</a>	After hours advice line, 888.576.6225
<b>DentalCare®</b>	844.697.0580	<a href="http://www.deltadentalins.com/lausd">www.deltadentalins.com/lausd</a>	
<b>United Concordia Dental PPO</b>	844.397.4176	<a href="http://www.westerndental.com">www.westerndental.com</a>	To schedule an appointment, call 800.579.3783
<b>EyeMed Vision Care</b>	866.723.0514	<a href="http://www.eyemedvisioncare.com">www.eyemedvisioncare.com</a>	To find a provider, go to: <a href="#">EyeMed Search</a>
<b>VSP</b>	800.877.7195	<a href="http://www.vsp.com">www.vsp.com</a>	To find a provider, go to: <a href="#">VSP Search</a>
<b>MetLife Life Insurance</b>	866.492.6983	<a href="http://www.metlife.com/my_benefits">www.metlife.com/my_benefits</a>	
<b>Healthcare FSA &amp; Dependent Care FSA</b>	877.292.4040	<a href="https://secure.connectyourcare.com">https://secure.connectyourcare.com</a>	Connect Your Care is the new plan administrator