

UPDATE

www.aala.us

Week of September 28, 2020

AALA REPRESENTATIVE ASSEMBLY NEEDS YOU!

**JOIN THE FIRST AALA
REPRESENTATIVE ASSEMBLY
MEETING ON THURSDAY,
OCTOBER 1, 2020**
(Link to be sent separately by email)

Elementary, Secondary, Adult, Early
Childhood Education, Unit J, School
Support Administrators caucuses
begin at 4:30 p.m.

VOTING:

- Elementary Director, 2020 – 2023
- Secondary Department Vice President, 2020 – 2021
- Adult Department Director, 2020 – 2022

STRATEGIZE:

Share and discuss level-alike challenges and issues that the association needs to address this year

General Business Representative Assembly Meeting will follow the
Department Meetings promptly at 5:30 p.m.

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EDS: SCHOOL LEADERS

As reported in *Update* Week of September 14, 2020, the side letters and the Memorandum of Understanding Concerning Educator Development and Support: School Leaders, 2020-2021 were signed on September 10. Important language included:

To ensure that new administrators receive coaching, actionable feedback, and have opportunities to reflect on their practice, all school site administrators earning permanency in their class will be evaluated. School support administrators serving in the first year in their position will participate in the evaluation process during the 2020-21 school year. All other permanent administrators will not be evaluated this year.

In addition, the bargaining team was also able to negotiate the reduction of focus elements in EDS from five to two. Please click [HERE](#) to view the entire MOU.

R.I.P. JUSTICE RUTH BADER GINSBURG

With the death of Justice **Ruth Bader Ginsburg** last week, the tributes to her have been, justifiably, voluminous and wide spread. It is especially important that educators remember the contributions she has made toward equal access for all students in the realm of education. Her votes on sex equity in schools, desegregation remedies, separation of church and state, drug testing of students, and other cases involving LBGQT access, special education, and students of color are memorable.

She voted:

- To uphold the University of Michigan Law School's consideration of race and ethnicity in admissions.
- That affirmative action could be used to achieve racial diversity in colleges.
- To uphold the constitutionality of a scholarship program that excluded students pursuing a degree in theology.
- Against an Arizona law that gave tax credits for contributions made to organizations that provided scholarships to students attending private schools, including religious schools.
- Against taxpayer funding for parochial school materials.
- To overturn the Defense of Marriage Act, which denied same-sex marriage.
- Against overturning a desegregation plan for a school district in Kansas City, MO., writing, "Given the deep, inglorious history of segregation in Missouri, to curtail desegregation at this time and in this manner is an action at once too swift and too soon."
- Supported the admission of women to Virginia Military Institute.
- Against drug testing of students in all competitive after school programs, including choir, Future Farmers of America, and academic quiz teams.
- Voted to allow Title IX claims for retaliation by someone who has complained about sex discrimination.

Rest in peace, RBG. May your memory be a blessing. You will be missed.

HEALTHCARE FAQs— *ARE YOU FEELING SLEEP DEPRIVED?*

Studies sponsored by the National Institutes of Health (NIH) show that people are getting more sleep during the pandemic, which is a good thing. However, some folks are showing a decline in sleep quality, characterized by difficulty falling asleep and staying asleep. Pandemic-related stressors, such as anxiety and stress, isolation from friends and relatives, lack of exercise, too much screen time, and diet changes that include comfort foods, those with higher sugar and starch content, may contribute to poorer quality sleep.

Pre-COVID-19 statistics:

- More than 35% of Americans get less than 7 hours of sleep each night
- Between 60% and 76% of high school students are getting less than 8 hours of sleep on school nights
- Insufficient sleep and insomnia are more prevalent in women, with a greater risk for health problems.
- The U.S. Department of Transportation estimates that drowsy driving was responsible for 90,000 crashes, 44,000 injuries, and more than 800 deaths in 2015.

Does lack of sleep or poor sleep quality affect one's health?

Poor sleep and sleep deprivation may result in short-term effects such as forgetfulness, slower reactions, irritability, and lack of motivation, just to name a few. Persistent lack of sleep, according to the National Heart, Lung, and Blood Institute, is associated with health conditions such as heart disease, high blood pressure, diabetes, obesity, and even certain types of cancer.

How can I improve my sleep quality I am experiencing since the pandemic?

Experts recommend:

- Setting up a sleep schedule—wake-up time, wind-down time, bedtime. Wake-up time means getting out of bed without hitting the snooze button. Wind-down time is a relaxing transition to bedtime that could involve stretches, meditation, light reading, and getting ready for bed (putting on pajamas, brushing teeth, etc.). Bedtime is lights out. For most people, actually falling asleep may take some time.
- Getting out in the sun. Regular exposure to sunlight works to reset our biological clocks and helps us get better sleep. Try getting at least a half-hour of sunlight daily, preferably in the morning.
- Getting enough exercise. Studies validate the positive effects of exercise to help you fall asleep faster and to get better sleep quality. There is less agreement on when to exercise. As for amount of exercise, studies show that 30 minutes of exercise can lead to improved sleep that same night.

Does taking a nap every day improve sleep quality?

Short naps—20 minutes—have been found to not adversely affect sleep quality and mental function. However, studies show that older adults who report taking naps have more frequent nighttime awakenings, daytime sleepiness, and reduced daytime well-being. There are no studies that show whether naps cause poor sleep or whether poor sleep causes individuals to nap.

FAQs (Cont.)

To access additional information about healthy sleep habits, go to the National Institute of Health's website entitled '[Sleep Science and Sleep Disorders](#)' or '[Sleep Deprivation and Deficiency](#).'

ATTENTION: ANTHEM BLUE CROSS PLAN MEMBERS

Anthem Telehealth Copay – The temporary no copay waiver for in-network telehealth visits will end September 30, 2020, for COVID-19 and nonCOVID-19 visual health care. Normal copays for video visits resume October 1, 2020.

Telephonic visits – The temporary no copay waiver for in-network telephonic visits will continue through December 31, 2020.

Anthem's Sydney Care mobile app – The app has a free Coronavirus Assessment and can connect you to a doctor for a telehealth visit after you use its assessment feature. Two virtual text chats with a doctor are free through December 31, 2020. See [Sydney Care](#) for all features of the app.



The 2020 Census counts every person living in the United States and five U.S. territories (Puerto Rico, American Samoa, the Commonwealth of the Northern Mariana Islands, Guam, and the U.S. Virgin Islands). It is mandated by the Constitution (Article 1, Section 2) and conducted every ten years by the U.S. Census Bureau, a nonpartisan government agency. This is the 24th time the country has counted its population since 1790.

The census provides critical data that lawmakers, business owners, teachers, and many others use to provide daily services, products, and support for states and communities. Based on census data, determinations on how billions of dollars in federal funding will be allocated to hospitals, fire departments, schools, roads, and other entities are made.

The results of the 2020 Census will determine how many seats each state gets in the House of Representatives. States like New York and California are at risk of losing seats if there's an undercount. Results are also used to redraw district maps, which greatly influences who is elected, equal representation in each district, and what power each district yields.

The 2020 Census asks a few simple questions about you and everyone who was living with you on April 1, 2020. And while some people may have reservations about providing this information to the government, please be advised that by law, the Census Bureau cannot release any identifiable information about you, your home, or your business, even to law enforcement agencies. The deadline

CENSUS (Cont.)

to respond is **Wednesday, September 30**, and if you have not already done so, please complete your form online, by phone, or by mail. Visit www.my2020census.gov to begin.

EDUCATOR DEVELOPMENT AND SUPPORT

ASPIRING PROGRAMS 2020-2021

Currently, the Human Resource Division has a robust list of viable candidates who have successfully completed the aspiring programs. For the 2020-2021 school year, the Aspiring Principals Program (APP) and Aspiring Assistant Principals Program (AAPP) will not be offered due to the quantity of existing eligible candidates. We plan to offer the Aspiring Programs in 2021-2022. If you have additional questions or comments, feel free to contact **Heather Lower Lowe** (hlowe@lausd.net) or **Jose M. Rodriguez** (jmr7481@lausd.net).

EDS ADMINISTRATOR EVALUATION PLATFORM CHANGES

Based on the recent agreement between LAUSD and AALA, modifications are being made in the MyPGS platform for those administrators being evaluated with EDSSL and EDSPS. Only one District-identified element will be reflected in the plans and only one growth element. Revisions to current EDS evaluation plans on MyPGS will include removing the second additional focus element step and the associated strategies and action steps. In addition, all regular/permanent principals and assistant principals currently marked “Required for 20-21” will have their evaluations extended to 2021-2022. We have created a frequently asked questions document with additional guidance [here](#). For any technical support such as unlocking an evaluation step, please email mypgs@lausd.net. If you have additional questions or comments, feel free to contact **Heather Lower Lowe** (hlowe@lausd.net) or **Jose M. Rodriguez** (jmr7481@lausd.net).

EDST INITIAL PLANNING CONFERENCES

EDST initial planning conferences are due by October 9. In addition to reviewing the teacher’s growth objectives and identifying the cooperatively selected element, this year’s IP conference should include some extra considerations and discussion.

- Carefully consider any TLF elements selected for growth or for rating with virtual instruction in mind. How will the teacher demonstrate effective practice? How will the administrator observe the teacher’s performance in the element? Remember that edits to the initial planning sheet can happen at the IP conference.
- Plan for and calendar the formal observation. Does the teacher plan to deliver a synchronous lesson while the administrator observes, or to submit a video of a lesson? Guidance and requirements for video submission of a lesson will be coming soon.

Please feel free to contact **Nancy Concha** (nancy.concha@lausd.net) or **Silvia Rubalcava** (sxr8628@lausd.net) with any questions about the initial planning conference or any other aspect of the EDST process.

2020 SCHOLARSHIP RECIPIENT

Each week we have been featuring one of the thirty-two LAUSD 2020 graduates who received a \$2250 Friends of AALA Scholarship last May. Due to the pandemic, our annual banquet where we would have formally recognized the recipients had to be cancelled. Therefore, we asked each of them to send us a picture as well as let us know what they would have said if the awards banquet could have been held. This week, we are sharing with you the comments from **Alicia Manzano**, a graduate of North Valley Occupational Center (**Ellen Baker**, Principal).

First of all, I want to thank my family, especially my husband, Henry, and my daughter, Zaide. They have always been there for me. Next, I want to thank my amazing Principal, Mrs. Ellen Baker. I would also like to thank our outstanding Assistant Principal of Adult Counseling, Ms. Audra Tabarez. In addition, I want to give a special thanks to my exceptional teachers, Mrs. Beauregard, Mrs. Albers, Mrs. Flores, and Ms. Miller. They were there every step of the way giving me encouragement and support. Last, but not least, I want to thank the friends of AALA for generously awarding me this scholarship.

I look forward to starting my college journey majoring in Business Administration at Glendale Community College. Finances have been a struggle for my family. College books and tuition are very expensive, and now thanks to this scholarship, I have the means to pay for them. I want to attend college and give back to this country. As an immigrant, I am so thankful for everything this country has given me.



To learn about all of our scholarship recipients, please click [HERE](#). Please consider supporting future graduates by donating to the Friends of AALA Scholarship Fund. The scholarships are 100% funded by the contributions of members, friends, and sponsors and are fully tax-deductible. Active and retired members can make a one-time tax-deductible donation by clicking [HERE](#). Active members also have the option of joining the more than 200 AALA Angels and making a monthly \$5 (or more) donation. Simply click [HERE](#) to complete the necessary paperwork to become an angel. Checks payable to Friends of AALA can be mailed to the AALA office at 1910 W. Sunset Blvd., Suite 850, Los Angeles, CA 90026. If you wish to donate by credit card, please call the AALA office at 213.484.2226.

PLACING AN AD IN UPDATE

Individuals, businesses or organizations that wish to communicate with AALA members may do so by placing an ad/announcement in the *Update*. All ads/announcements must receive the approval of **Juan A. Flecha**, AALA President, and be deemed appropriate for members. The price to run an ad is \$200 - \$500 depending on the size of the ad and the number of weeks. Fees for ads are payable to Friends of AALA and help support our scholarship and awards programs.

POSITIONS AVAILABLE

Note to Applicants: Please be advised that you are responsible for making sure all the District requirements have been met. Do not contact AALA for information regarding positions; for detailed requirements for positions and employment updates use the contact phone number provided in the announcement or visit the District website at <http://www.lausdjobs.org> classified or <http://achieve.lausd.net/Page/1125> certificated. Employees who change basis during the school year may not earn a full year of service credit and annualized employees who change their basis during the year may sustain an annualized settlement.

CERTIFICATED

Open to certificated and classified employees who meet the position requirements

PRINCIPAL, ELEMENTARY

75th Street Elementary School, Local District South, MST 43G, E Basis. For more information, contact **Dr. Robert Whitman**, Community of Schools Administrator, at 213.760.3206. Application deadline is 3:00 p.m., Monday, October 12, 2020.

PRINCIPAL, ELEMENTARY

116th Street Elementary School, Local District South, MST 41G, E Basis. For more information, contact **Myrna Brutti**, Executive Director, at 310.354.3400. Application deadline is 3:00 p.m., Wednesday, October 7, 2020.

ASSISTANT PRINCIPAL, SECONDARY

East Los Angeles Renaissance Academy at Esteban Torres High School, Local District East, MST 40G, B Basis. For more information, contact **Lisa Davis**, Director, at 213.760.5208. Application deadline is 5:00 p.m., Wednesday, October 7, 2020.

ASSISTANT PRINCIPAL, SECONDARY

Pacoima Middle School, Local District Northeast, MST 40G, B Basis. For more information, contact **John Rome**, Community of Schools Administrator, at 818.252.5433. Application deadline is 5:00 p.m., Friday, October 9, 2020.

ASSISTANT PRINCIPAL, SECONDARY

Vista Middle School, Local District Northeast, MST 40G, B Basis. For more information, contact **Dr. Rafael Gaeta**, Lead Director, at 818.252.5400. Application deadline is 5:00 p.m., Monday, October 5, 2020.

ASSISTANT PRINCIPAL, ELEMENTARY

Carpenter Community Charter, Local District Northeast, MST 38G, B Basis. For more information, contact **Maria Nichols**, Community of Schools Administrator, at 818.252.5400. Application deadline is 3:00 p.m., Tuesday, October 6, 2020.

ASSISTANT PRINCIPAL, ELEMENTARY

Sheridan Street Elementary School, Local District East, MST 38G, B Basis. For more information, contact **Maricela Sanchez Robles**, Director, at 213.760.5443. Application deadline is 5:00 p.m., Wednesday, October 7, 2020.

Associated Administrators of Los Angeles

CERTIFICATED (Cont.)

SCHOOL IMPROVEMENT GRANT COORDINATOR

Tom Bradley Global Awareness Magnet School, Local District West, MST 37G, B Basis. For more information, contact **Michiel Usher** at michiel.usher@lausd.net. Application deadline is 5:00 p.m., Wednesday, October 7, 2020.

ADMINISTRATOR OF INSTRUCTION

Local District East, MST 49G, School Support Administrator, A Basis. For more information, contact Local District East at 323.224.3100. Application deadline is 5:00 p.m., Wednesday, October 7, 2020.

INSTRUCTIONAL COORDINATOR, TK-12

Local District West, MST 41G, School Support Administrator, E Basis. For more information, contact **Blanca Flores** at bflor5@lausd.net. Application deadline is 4:00 p.m., Thursday, October 8, 2020.

PERSONNEL FIELD SPECIALIST (EARLY CHILDHOOD EDUCATION EMPHASIS)

Human Resources Division, MST 38G, School Support Administrator, A Basis. For more information, contact **Maria Sotomayor**, Director, at msotomay@lausd.net. Application deadline is 5:00 p.m., Monday, October 5, 2020.

INSTRUCTIONAL SPECIALIST

Local District Northeast, MST 38G, School Support Administrator, E Basis. For more information, contact **Darlene Villeda** at darlene.villeda@lausd.net. Application deadline is 5:00 p.m., Tuesday, October 6, 2020.

CLASSIFIED

(Open to certificated and classified employees who meet the position requirements)

DIRECTOR OF ACCOUNTING

Accounting and Disbursements Division, \$121,908 - \$151,008, 12-month position. For more information, click [HERE](#). Application deadline is Friday, October 9, 2020.

ASSOCIATE COMPUTER APPLICATION SPECIALIST

Program Support Services Branch, Facilities Services Division, \$89,400 - \$111,300, 12-month position. For more information, click [HERE](#). Application period is open until the position is filled.

PREVIOUSLY ANNOUNCED POSITIONS

| CERTIFICATED POSITIONS | LOCATION | CONTACT | DEADLINE |
|---|---|--|---|
| <i>ASSISTANT PRINCIPAL, ELEMENTARY MST 38G, B Basis</i> | Flournoy ES and STEAM Magnet, Local District South | Myrna N. Brutti , Executive Director, 310.354.3406 | 3:00 p.m. Friday September 25, 2020 |
| <i>ADMINISTRATOR OF INSTRUCTION MST 49G, A Basis</i> | Local District West | Blanca Flores , bflor5@lausd.net | 4:00 p.m. Monday September 28, 2020 |

Associated Administrators of Los Angeles

| CERTIFICATED POSITIONS | LOCATION | CONTACT | DEADLINE |
|--|--|---|--|
| <i>ADMINISTRATOR OF OPERATIONS</i> MST 49G, A Basis | Local District West | Blanca Flores, bflor5@lausd.net | 4:00 p.m. Monday September 28, 2020 |
| <i>ASSISTANT PRINCIPAL, SECONDARY</i> MST 41G, B Basis | Fremont HS, Local District South | Dr. Robert Whitman, COSA, 213.760.3206 | 3:00 p.m. Monday September 28, 2020 |
| <i>ASSISTANT PRINCIPAL, SECONDARY</i> MST 41G, B Basis | Fulton College Preparatory School, Local District Northeast | Dr. Rafael Gaeta, Lead Director, 818.252.5400 | 5:00 p.m. Monday September 28, 2020 |
| <i>ASSISTANT PRINCIPAL, SECONDARY</i> MST 41G, B Basis | University HS, Local District West | Joyce Dara, COSA, jdara@lausd.net | 5:00 p.m. Monday September 28, 2020 |
| <i>ASSISTANT PRINCIPAL, SECONDARY</i> MST 40G, B Basis | Dymally HS, Local District South | Dr. Reginald A. Sample, COSA, 310.354.3400 | 3:00 p.m. Monday September 28, 2020 |
| <i>SPECIALIST, TITLE I, PART A</i> MST 37G, A Basis | Private Schools Program, Federal and State Ed. Programs | Albert Gallegos, albert.gallegos@lausd.net | <u>EXTENDED</u> 5:00 p.m. Monday September 28, 2020 |
| <i>ASSISTANT PRINCIPAL, SECONDARY</i> MST 40G, B Basis | Byrd MS, Local District Northeast | John Rome, COSA, john.rome@lausd.net | 5:00 p.m. Wednesday September 30, 2020 |
| <i>ASSISTANT PRINCIPAL, SECONDARY</i> MST 41G, B Basis | South East HS, Local District East | Jesus Nuñez, COSA, 323.224.3100 | 5:00 p.m. Friday October 2, 2020 |
| CLASSIFIED POSITIONS | LOCATION | CONTACT | DEADLINE |
| <i>SENIOR RESIDENT CONSTRUCTION ENGINEER</i> \$120,500 - \$150,200, 12-month position | Facilities Project Execution, FSD | Click HERE | Friday September 25, 2020 |
| <i>OPERATING SYSTEMS SPECIALIST</i> \$108,278 - \$120,577, 12-month position | Information Technology Division | Click HERE | Friday September 25, 2020 |
| <i>SENIOR FACILITIES PROJECT MANAGER</i> \$108,000 - \$133,800, 12-month position | Architectural and Engineering Services, FSD | Click HERE | Friday September 25, 2020 |
| <i>OPERATING SYSTEMS ADMINISTRATOR</i> \$107,307 - \$132,834, 12-month position | Information Technology Division | Click HERE | Friday September 25, 2020 |
| <i>FORENSIC AND SUPPORT SERVICES MANAGER</i> \$107,739 - \$134,234, 12-month position | Office of the Inspector General | Click HERE | Saturday October 3, 2020 |
| <i>CONTROLLER</i> \$156,708 - \$195,223, 12-month position | Accounting and Disbursements Division | Click HERE | When Filled |

Associated Administrators of Los Angeles

| CLASSIFIED POSITIONS | LOCATION | CONTACT | DEADLINE |
|--|---------------------------------------|----------------------------|-------------|
| <i>DIRECTOR OF FACILITIES LEGISLATION, GRANTS, FUNDING</i> \$117,000 - \$145,800, 12-month position | Facilities Services Division | Click HERE | When Filled |
| <i>BUILDING/CONSTRUCTION INSPECTOR</i> \$109,200, 12-month position | Inspection Department, FSD | Click HERE | When Filled |
| <i>DATA BASE ADMINISTRATOR (ORACLE)</i> \$107,307 - \$132,800, 12-month position | Information Technology Division | Click HERE | When Filled |