

UPDATE

www.aala.us

Week of February 15, 2021

Rock the Vote AALA!

Mark your calendars! Ballots for the Office of AALA President and the Executive Board Departments will be emailed on February 19, 2021. The last day to cast your vote is March 2, 2021.

Please keep the following in mind:

- Check the clutter/spam/junk box if you do not receive a ballot on the 19th of February. Nine times out of ten it's there.
- Email juan.flecha@lausd.net if no ballot appears after checking.
- Only members in good standing are eligible to vote. Email gpivaral@aala.us if you are unsure and want to know your status. You are also welcome to submit the attached form to become a member in good standing.

https://docs.google.com/forms/d/e/1FAIpQLSdZ_DMvGjsgCoxsxmQMEe-j-mJ75_PFrGieMFFhkMB78XsN4Q/viewform

In the meantime, take a moment to read the statements from the candidates for each office. It is an important step to help determine the candidate(s) you want to support with your voice and your vote. Remember all members in good standing will vote for one candidate for president of the association. Members in the association's six departments will be able to vote for candidates in their department only. For example, only secondary administrators are allowed to vote for the position of Secondary Department Vice President.

Rock the vote AALA, congratulations, and best of luck to all of the candidates!

AALA President

Gary Garcia, Principal

Victorio Gutierrez, Principal

Kevin Kilpatrick, District Coordinator

Nery X. Paiz, Principal

Salvador Rodriguez, Administrator of Instruction

Adult Director

Julio Melara, Assistant Principal, Operations

Early Education Director

Viken Kazarian, Principal

Elementary Vice President

Richard Guillen, Principal

School Support Director

Rafael Gaeta, Director

Donna Horowitz, Administrative Coordinator

Angela Sandoval, Coordinator

IN THIS ISSUE

AALA PRESIDENT AND EXECUTIVE BOARD ELECTIONS

HEALTHCARE FAQs – STAY ACTIVE DURING COVID-19

HUMAN RESOURCES UPDATES

LAUSD SEL PROGRAM FEATURED IN NASSP JOURNAL

ACSA REGION 16 FLYER

TOASTMASTER'S CLUB FLYER POSITIONS

ELECTIONS 2021 (Cont.)

Secondary Vice President

Phil Koch, Principal

Brenda Pensamiento, Principal

Unit J Director

Jose R. Gonzalez, Dir. of IT Customer Supp.

Congratulations to **Richard Guillen**, Elementary Vice President, **Julio Melara**, Adult Director, **Viken Kazarian**, Early Education Director, and **Jose R. Gonzalez**, Unit J Director, who, as sole candidates, are winners by acclamation in their respective categories. For candidate statements in the two contests with more than one candidate, click on your department link below:

- Secondary Director, click [HERE](#).
- School Support Administrators, click [HERE](#).

Candidate statements* for AALA President:

*no edited, except for formatting

GARY GARCIA, Principal: I've unfailingly supported administrators through my demonstrated track record of 20 years of speaking truth to District power and will continue to do so as president. Having served as a local district coordinator, assistant principal, principal, director, Division of Instruction administrator, and Organization President, speaks to our shared experiences. I am committed to continued improvement of:

- Transparency in the promotion/hiring process.
- Clear and timely policy communications to administrators.

It is critical that the administrator responsibilities related to the resumption of in-person learning be safe and reasonable. I will work diligently to ensure this. I am grateful for your consideration.

VICTORIO GUTIERREZ, Principal: During COVID-19 and Post COVID-19 Pandemic, fair compensation and safe working environment are a must for our mental and physical well-being. Speaking truth to power is not enough to change the LAUSD's practices; we must have the leverage to get them to listen to our demands by having a strong president and his/her team representing the needs of its members. I walked in '89 and believe in the power of Unions. I will fight for us. It would be an honor and a privilege to end my career as your servant. Gracias.

KEVIN KILPATRICK, District Coordinator: My intent in running for President is to secure the voice and future of AALA. For the majority of my 18 years as an administrator, I have served AALA members, representing your needs with senior management. My service includes over 10 years on the AALA Executive Board. On your behalf, I will prioritize: Seniority for all AALA member classifications Transparent promotional practices Equitable pay for principals without regard to school type or enrollment Expanded voice in District decisions Increased services for AALA members With my unique K-12 background, I will fight for the interests of all ,with unity and integrity.

CANDIDATES' STATEMENTS (Cont.)

NERY X. PAIZ, Principal: Your voice matters! My seven years on the AALA Executive Board have prepared me to best meet the needs of our certificated, classified, school and office-based members. My efforts on our bargaining team have improved working conditions, health care, and compensation in the form of three wage increases and a third career increment. I am also involved with like-minded individuals across the state. Collaborations like these have made me smarter about issues we need to negotiate here at home. I am ready to take action to gain GREAT results; and I will ALWAYS serve you 24/7 with a smile!

SALVADOR RODRIGUEZ, Administrator of Instruction: Teacher Principal Director Administrator of Instruction Candidate for President of The Administrator Association of Los Angeles I have been you. I am you. AALA shares my passion for enhanced due process rights, fair and equitable working conditions, and deserved benefits. But we cannot continue to “do business as usual.” I know the concerns: Unforeseen and insurmountable working conditions; lack of support and commensurate pay; being fraught with intimidation when voicing concerns. Support and collaboration are key. We Can Do Better! Join me in the AALA evolution. I’m here to fight every day. Tomorrow starts with me. Tomorrow starts for you.

Results will be announced in *UPDATE* on March 4, 2021. If needed, run-off voting will take place between March 8 and March 17, 2021.

We strongly encourage all eligible members to vote. The next AALA President and Executive Board will be negotiating a new health benefits agreement and other important contractual issues, such as salary and working conditions, as the pandemic continues. If you have a colleague who is currently a free rider, please encourage him/her to complete the Member Authorization form and join our ranks.

HEALTHCARE FAQs – TIPS FOR STAYING ACTIVE DURING COVID-19

We all know the health benefits of exercise. Exercise is a great antidote to keep in shape and relieve the mental stress brought on by the pandemic. Exercise releases chemicals in your brain—the feel-good hormones, dopamine, and endorphins—that make you feel happier and less stressed. The American Heart Association recommends at least 150 minutes a week of moderate exercise to reduce the risk of heart disease. Other benefits include weight control and energy boosts.

Here are a few tips about how to work those 150 minutes into your life:

1. ***I just can't get started, what can I do?*** Make exercise a fun social activity; enlist a family member (in your COVID-19 “bubble”) to go out with you; set up a regular schedule to keep each other going. Activity trackers and/or smart watches are great motivators to track steps, calories

FAQS—EXERCISE TIPS (Cont.)

burned, type of exercise, heart rate/exertion levels, distance, and more. Affordable trackers include Fitbit, Garmin, Samsung, and lesser-known brands. See PC emagazine's review of [The Best Fitness Trackers for 2021](#).

2. ***Just getting started...Again?*** Pick something you like to do and exercise three (3) times a week for 30 minutes and work up to five (5) times a week. As you become fitter, challenge yourself with more strenuous cardio activities.
3. ***Not sure about working out at home?*** You can walk, jog, go up and down stairs (if you have them); even common chores can give you a moderate intensity workout, such as raking/weeding, sweeping/mopping your floors, scrubbing the bathtub, cleaning windows, and washing your car. Find exercise routines on YouTube by searching key phrases like "at home pandemic workouts."
4. ***Hard to find 30 minutes?*** Try three ten minute spurts. Instead of a coffee break, take a walking break around the block or walk indoors to the beat of music, or a YouTube video.
5. ***What does a 30-minute exercise routine look like?*** You can make up your own routine, such as 10 minutes of stretching (5 minutes before/5 minutes after), 20 minutes of brisk walking (jogging, dancing, stair walking, etc.) or other aerobic activity, or the stretching, with 10 minutes of aerobic activity and 10 minutes of weights, squats, or lunges.
6. ***When's the best time to exercise?*** The best time is up to you. If you are always rushing in the mornings with family responsibilities, then the morning may not be the best time for you. It all depends on where you'll exercise, whether alone or with a friend, and when you can carve out the time. Some folks exercise by getting up ½ hour earlier in the morning, others take a walking break instead of a coffee break, while yet others exercise right after work. Try out various times and then develop a consistent routine.
7. ***I get bored doing the same things over and over. Where can I find new ideas?*** The internet is your best source of exercise ideas and even courses. YouTube has numerous exercise videos. Search for your favorite type of exercise on YouTube that you can even stream to your TV.
8. ***Get started today!*** You will feel better and become healthier!



HUMAN RESOURCES UPDATES

Friday Educator Development and Support Officer Hours

To support school leaders with the EDS activities, including formal observations, which are due by **February 19, 2021**, HR's EDS Team will continue to hold virtual, drop-in support sessions **each Friday from 2-4:00 PM**. Information can be found on this [flyer](#) or by emailing **Silvia Rubalcava** at sxr8628@lausd.net.

March 15 Notices to AALA Members

As in previous years, the Human Resources Division has requested approval from the Board to send out March 15 notices to supervisory administrators. School-based administrators who have earned Regular or Permanent status in their current classification will not be receiving a March 15 notice. All other administrators, both school-based and nonschool based, will receive a March 15 notice, pending the Board's approval on March 9, 2021. If you have any questions regarding the March 15 notice, please contact **Maria Voigt** at maria.voigt@lausd.net.

LAUSD'S SOCIAL EMOTIONAL LEARNING ROLLOUT FEATURED IN NATIONAL JOURNAL

Kudos to AALA members, Marco A. Nava, Ed.D., and Delia Estrada, Ph.D.; and advisor, Susan Roncali, for their journal article, *Trauma-Informed Social-Emotional Leadership, Teaching and Learning*, in NASSP (National Association for Secondary School Principals).

Large urban districts are too often dubbed as “failing” and critics point blame at almost everyone, from students, teachers, and principals, to superintendents, school boards, and employee unions. This article shares how LAUSD, through a nontraditional approach, puts into practice the core value that student learning improves when real-life issues are addressed through an integrated, systemic approach to Social Emotional Learning (SEL). To embed social-emotional learning into daily instructional practices, Student Health and Human Services has partnered with the Division of Instruction, AALA, and ACSA Region 16 to promote a more collaborative SEL training approach that includes professional development for teachers and school leaders.

While one is introduced to the nuts and bolts of scaling up a program in a large school district, it is heartwarming to learn about students taking ownership, like creating, *Students Against Violence Everywhere*, a club to promote inclusion and kindness, or students at one high school deciding to create a welcoming school environment by greeting every student by name at the school's entrance.

Please take a moment to read this well-presented article by our own LAUSD family. Click [HERE](#) for the full article.

ACSA REGION 16



Association of California

School Administrators **Region 16**



Women in Leadership Summit

“Resilient Leadership”

Saturday, March 6, 2021

9:00 a.m. – 1:00 p.m.

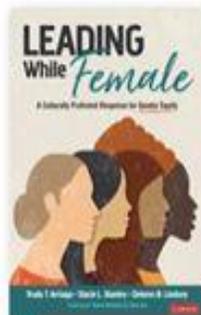
Online

Breakout Sessions Focus on Resiliency: Career, Financial, Personal,
Promotional, Social-Emotional

Opening Keynote:
B.R.E.A.T.H.E.
Joelle Hood,
[ThrivingYouiversity](http://ThrivingYouiversity.com)



Closing Keynote:
Delores B. Lindsey



Register before February 14, 2021 for a free book copy. WLS book study will be offered after conference



Toastmasters CAN CHANGE YOUR LIFE

Membership Drive Event

February 18, 2021
6:30pm-8pm

Zoom info: <https://bit.ly/TM382Zoom>



FOR MORE INFO
Contact LAUSD Toastmasters
www.382.toastmastersclubs.org

18
FEBRUARY

OUR EXCITING SPEAKERS ARE



Thomas Lynch
Founder of Dream2Inspire



Gregory Sneed
Financial Coach at Lifesaver
Financial



Sponsored by
Lifesaver Financial Services

POSITIONS AVAILABLE

Note to Applicants: Please be advised that you are responsible for making sure all the District requirements have been met. Do not contact AALA for information regarding positions; for detailed requirements for positions and employment updates use the contact phone number provided in the announcement or visit the District website at <http://www.lausdjobs.org> classified or <http://achieve.lausd.net/Page/1125> certificated. Employees who change basis during the school year may not earn a full year of service credit and annualized employees who change their basis during the year may sustain an annualized settlement.

CERTIFICATED

Open to certificated and classified employees who meet the position requirements

ASSISTANT PRINCIPAL, ELEMENTARY

Ascot Avenue Elementary School, Local District Central, MST 38G, B Basis. For more information, contact **Elizabeth Bernal**, Community of Schools Administrator, at elizabeth.bernal@lausdnet. Application deadline is 5:00 p.m., Wednesday, February 17, 2021.

ASSISTANT PRINCIPAL, ELEMENTARY

Camellia Avenue Elementary School, Local District Northeast, MST 38G, B Basis. For more information, contact **Dr. Rafael Gaeta**, Lead Director, at 818.252.5400. Application deadline is 3:00 p.m., Wednesday, February 24, 2021.

FIELD COORDINATOR, PUPIL SERVICES AND ATTENDANCE

Division of Student Health and Human Services (Current vacancy at Local District South), MST 39G, E Basis. For more information, contact **Yamilet Renderos** at yamilet.renderos@lausd.net. Application deadline is 5:00 p.m., Thursday, February 18, 2021.

ADMINISTRATOR OF OPERATIONS, DISTRICT OPERATIONS

Office of School Climate, Culture, and Safety, MST 49G, A Basis. For more information, contact **Raina Guadamuz** at raina.guadamuz@lausd.net. Application deadline is 4:00 p.m., Monday, February 22, 2021.

CLASSIFIED

LABOR COMPLIANCE OFFICER

Administrative Analysis and Administration, \$70,900 – \$88,300, 12-month position. For more information, click [HERE](#). Application deadline is Thursday, February 25, 2021.

PREVIOUSLY ANNOUNCED POSITIONS

CERTIFICATED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>ASSISTANT PRINCIPAL, ELEMENTARY INSTRUCTIONAL SPECIALIST (APEIS)</i> MST 37G or MST 38G (based on site), B Basis	Local District South	Jennifer McConn (310) 354-3431	Friday February 12, 2021
<i>INSTRUCTIONAL COORDINATOR, TK-12</i> MST 41G, E Basis	Local District South	J. Keith Vladovic jkv4418@lausd.net	Tuesday February 16, 2021
CLASSIFIED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>CHIEF INVENTORY ANALYST (PURCHASING & STOREKEEPING)</i> \$81,756 - \$101,808, 12-month position	Procurement Services Division	Click HERE	Friday February 12, 2021
<i>DIRECTOR OF BENEFITS ADMINISTRATION</i> \$121,900 - \$151,019, 12-month position	Division of Risk Management & Insurance Services	Click HERE	Friday February 12, 2021
<i>FISCAL OVERSIGHT ADMINISTRATOR (ACCOUNTING)</i> \$107,736 - \$134,232	Charter School Division	Click HERE	Friday February 19, 2021
<i>DATA BASE ADMINISTRATOR</i> \$107,307 - \$132,800, 12-month position	Information Technology Division	Click HERE	When Filled