

## 2021 MEDICAL, DENTAL, VISION, & FSA INFORMATION

PLAN NAME	PHONE	WEB ADDRESS	OTHER INFORMATION
<b>Anthem Blue Cross Select HMO and EPO</b>  <b>Prescriptions:</b> CVS Caremark SilverScript (for EPO Medicare retirees)	800.700.3739  888.752.7229 844.819.3075 (24/7)	<a href="http://www.anthem.com/ca">www.anthem.com/ca</a>  <a href="http://www.caremark.com">www.caremark.com</a>	24/7 Nurse Line – 800.700.9187 24/7 <a href="#">LiveHealth Online</a>  <a href="#">COVID-19 FAQ</a>
<b>Anthem Medicare Preferred (PPO)</b>  <b>Silver Sneakers</b>  <b>Prescription SilverScript</b>	833.277.5222  866.584.7389  844.819.3075	<a href="http://www.anthem.com/ca">www.anthem.com/ca</a>  <a href="http://www.silversneakers.com">www.silversneakers.com</a>  <a href="http://www.silverscript.com">www.silverscript.com</a>	24/7 Nurse – 800.700.9187 24/7 <a href="#">LiveHealth Online</a>  Live online classes or on-demand videos during pandemic
<b>Health Net HMO</b>  <b>Health Net Seniority Plus</b>	800.654.9821  844.542.0102	<a href="http://www.healthnet.com/lausd">www.healthnet.com/lausd</a>	24/7 Nurse– 800.888.8267; Teladoc – 800.835.3261, Remote House Calls (urgent) – 844.644.4 325
<b>Kaiser HMO</b>  <b>Kaiser Senior Advantage</b>	800.464.4000  877.221.8221	<a href="http://www.kp.org">www.kp.org</a>	24/7 Advice – 833.574.2273 E-visit – Click <a href="#">HERE</a> COVID-19 evisit – Click <a href="#">HERE</a> Video Visit – 833.574.2273
<b>DentalCare®</b>	844.697.0580	<a href="http://www.deltadentalins.com/lausd">www.deltadentalins.com/lausd</a>	
<b>United Concordia Dental PPO</b>	844.397.4176	<a href="http://www.westerndental.com">www.westerndental.com</a>	To schedule an appointment, call 800.579.3783
<b>Western Dental DHMO Centers only and Western Dental Plan Plus</b>	866.901-4416	<a href="http://www.westerndentalbenefits.com">www.westerndentalbenefits.com</a>	
<b>EyeMed Vision Care</b>	866.723.0514	<a href="http://www.eyemedvisioncare.com">www.eyemedvisioncare.com</a>	To find a provider, go to: <a href="#">EyeMed Search</a>
<b>VSP</b>	800.877.7195	<a href="http://www.vsp.com">www.vsp.com</a>	To find a provider go to: <a href="#">VSP Search</a>
<b>ConnectYourCare FSA &amp; Dependent Care FSA</b>	877.292.4040	<a href="http://www.connectyourcare.com">www.connectyourcare.com</a>	