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Prez to Board - How Safe Is It? Voices From the Field

ALA President Nery Paiz did not mince words in his comments to the board this week. It is time for school safety to be more than a catch phrase!

Afternoon Superintendent, Board members and Senior Staff. Notice I did not say "Good" Afternoon. AALA's school-based administrators are tired of being "sitting ducks", as many of them are telling me.

In general, students are blatantly ignoring and disrespecting school personnel. More and more students are bringing dangerous, illegal, and lethal paraphernalia to schools. Parents and guardians are disrespecting administrators in front of the students and at alarming rates. Moreover, parents overall have become less vigilant and not monitoring students and their belongings when leaving home.

Since the resolution to defund school police was passed, I knew it was only a matter of time before our members were negatively impacted. It is shameful and a travesty that one of our principals was violently assaulted by a parent in broad delight and on the very campuses you have vowed to protect. And to make matters worse, one our Assistant Principals was brutally assaulted by a student.

Board Member Ortiz, here is a clear example where Restorative Justice failed miserably. Two rounds of Restorative Circle time were had with the student in question. Nonetheless, the student's fixation to attack the [other] student was greater than the illusive restorative practices in this case.

These are true and verifiable truths from the crypt unlike the fictional fantasies of "school police brutality" told to you by paid and professional outside organizations brainwashing susceptible and impressionable youngsters. I challenge you to ask for names of school police officers that have allegedly violated the civil rights of students. The reality is neither the student or the organization will ever name an officer because they know there are [legal] consequences for slander and libel.

Please be more judicious of the boisterous and disrespectful students that **SAFETY >> PAGE 3**

FEBRUARY 13, 2023



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CORRECTION! AALA congratulates Principal Patricia Hanson's Math, Science and **Technology Magnet Academy at Roosevelt High School** for their selection as a Magnet Schools of America School of Distinction!



SAFETY FROM PAGE 1

come before you with prepared statements by professional money-making adults with no educational background. Remember to keep in mind no one is never named in these outlandish stories, nor will they be because you are being told fabrications.

In the meantime, AALA members are experiencing acts of violence like never before. Schools are being burglarized and vandalized. According to the news, 45 district buses in a single yard had their catalytic converters stolen.

The revenue being lost and the harm to school communities given the lack of after-hours patrolling on evenings, weekends, and holidays is adding up quickly! The theft and vandalism on the rise are because of your direct actions undermining adequate safety and supervision. Moreover, our members cannot be subjected to receiving calls from the Watch Commander in the middle of the night because an alarm has been triggered or because the bells are ringing. I think we can all agree it is not safe during the day in some of the communities we serve and much less in the middle of the night.

Please, our Administrators and school communities want and need safe school communities both indoors and outdoors. And remember, the Board and then Superintendent Beutner ignored the task force recommendations that resulted from the voices of students, staff, and parents.

Moreover, it appears the former and celebrated Chief Ramirez was silenced by senior leaders. Former Chief Ramirez seemed to never appear before you or at any of her departmental roll calls. Ironically, she was known to speak at paid events outside of the district touting the wonderful things happening in LAUSD. Meanwhile, no one has been telling the stories of the hundreds if not thousands of students and employees being physically and emotionally hurt, verbally harassed, and mugged in and around our schools.

What is it going to take to stop enabling those outside groups coming here and yelling at whoever listens? Two of your colleagues continue cheering, co-directing, and enabling this false narrative as evidenced this past

Tuesday. Know this behavior was disrespectful and hurtful to our members. I understand we work at the pleasure of the board, but the way some of your colleagues behaved sent a clear message of not caring for students, staff, and district assets.

Our district and staff deserve to be safe, and the authority to select the safety model that will best meet the needs of their school communities. Safety matters, is important, and it is not happening right now around the district.

Please listen board members since YOU set policy. YOU need to revisit and fix what was wrongly done in 2020. Do not fall victim to the actions of the board in 2020, when the voice and input of families and staff was ignored.

On a similar vote, listen and honor to the 71% of parents and most of your labor partners supporting a one-week Thanksgiving break and a three-week winter break for the next three years. Do not ignore it! Do not put it aside! Accept it! Respect it!

AALA members have kept the schoolhouse doors open despite natural disasters, bomb threats, and work stoppages. It is no secret not all labor partners have been there all the time. And while it is important, we all work together, some of our labor partners have gone astray of their core mission of teaching reading, numeracy, and critical thinking under the guise of social justice when it is not. I welcome the opportunity to continue these tough conversations publicly and in formal meetings.

Lastly, I challenge you to regularly have Chief Zipperman present to you here and at the Committee of the Whole to foster transparency, openness and a two-sided dialogue. I am also requesting an analysis of 2020 iSTARs and service calls by Board District and Local District/Region be shared with me and the public. I think an interesting and daunting data picture will arise. The public deserves to know this important data to counter the rosy social media posts we often see.

Are you looking for more bang for your buck? Check out California Credit Union's rates! Click HERE for more information.

Healthcare FAQs - Do You Have Dry Winter Skin?

Colder than normal temperatures this winter has resulted in increased home heating, reduced indoor humidity, and continued hand washing and sanitizing to avoid infections. These conditions have left many people with dry skin—including flaking skin, itchy, rough patches on hands, feet, and elbows, chapped lips, and fine lines on fingertips and heels that sometimes crack and bleed. Taking hot showers, and using strong soaps and detergents also strip your skin of moisture.

What moisturizers are best for treating my dry skin?

The quest for effective dry skin treatment depends on where you need it. Many people use different products for the face, hands, and body. The cosmetic industry defines the difference



between "lotion" and "moisturizer" by the ratio of water to oil contained in the product. **Lotions** contain more water and added ingredients than moisturizers, resulting in a smooth-spreading product that soaks into the skin quickly. **Moisturizers** are thicker than lotions and contain more oil than water to rehydrate the top layer of skin and seal in moisture.

What are the ingredients in moisturizers that make them effective?

The three main ingredients for fighting dry skin are: humectants, emollients, and occlusives. **Humectants** are compounds that attract water from two sources, from the dermis into the epidermis and from a humid environment. Humectants include substances such as lactic acid, hyaluronic acid, glycerin, propylene glycol, and honey, to name a few. **Emollients** are mainly lipids and oils that hydrate and improve skin softness, flexibility, and smoothness. Emollients include jojoba oil, castor oil, ceramides, propylene glycol, isopropyl

palmitate, dimethicone, and others. Occlusives are substances that physically block water loss by forming a barrier over the skin. The two most important materials are liquid paraffin (also called mineral oil) and petrolatum (petroleum jelly). Surprisingly, petroleum jelly is one of the best moisturizers for resisting water vapor loss. If you use pure oils such petroleum jelly, jojoba or mineral oils, they're best used while the skin is still damp from bathing to seal in moisture.

What are other ways to prevent dry skin?

Harvard Health recommends:

- Use a humidifier in the winter set to 60% to replenish the top layer of the skin and to keep your eyes from getting too dry.
- Take only one 5 to 10 minute lukewarm, not hot, bath or shower daily to prevent stripping your skin of its natural oils.
- Use moisturizing body washes, minimizing use of soap, and staying away from deodorizing, perfumed, and alcohol-based products.
- Avoid damage to the skin by staying away from bath sponges, scrub brushes, and washcloths. Pat or blot the skin, not rub, when toweling dry.
- Apply moisturizer immediately after bathing or washing your hands. This helps seal in moisture while your skin is still damp.
- Use fragrance-free laundry detergents and avoid fabric softeners.
- Drink plenty of water to keep hydrated.

The following information provides product recommendations by independent organizations:

The 11 Best Moisturizing Body Washes of 2023, Health.com.

Treating Dry Eyes in Winter, Healthline.com

AALA MEMBERS - LOOK FOR EXECUTIVE BOARD ELECTION BALLOTS AND CANDIDATE STATEMENTS IN YOUR INBOX NEXT WEEK. ONLY MEMBERS IN GOOD STANDING CAN VOTE!

#UnionStrong Members Lead Achieving Schools!

Mighty Marching Pilots participated in the Golden Dragon Parade. GO PILOTS!! @WilmingtonLAUSD @LAschoolsSouth @LASchools



Today teachers and admins met from @LraOwls Roybal Elementary, @HopeStreetES, Gage MS and @hphs_spartans Huntington Park High School to learn about the current state of our K12 computer science education. @ITI_LAUSD thank you! @HelloWorldK12CS supported! @LASchoolsEast @HPCOS1



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nk you!

@FoshayLC recently hosted about 30 Historically Black Colleges and Universities, inviting students from other @laschools to attend. Listen to students describe in the video link what attending the event and meeting recruiters in person meant to them.

tinyurl com/3a/v8vah



Discussing our new Vision for Reseda Charter as we begin preparing for our spring 2024 WASC Accreditation. @reseda_community_of_schools @laschoolsnorth @laschools @ResedaCharter



We @ReadySetReadLA @SunSchools @LASchoolsEast @Kelly4LASchools @SunSchools @

Our Families were excited to receive new reading

Noble Avenue ES

Ready,Set, Read! == Math and Literacy Workshop.

books today.

We had over 80 families attend our very first Parent Center Open House! May you have left empowered on what resources are available in our Parent Center and our community! Thank you to @MayorOfLA and @RepCardenas Field Representatives for the valuable information!



Day 2 Week of Wonder: Aragon ES & Manhattan PI ES are ready for the show!@LAUSDSup @LASchools



Shout Out to AALA's Assistant Principals, School Counseling Services! Our students thrive because of your leadership and hard School Counselors:
Helping Students
Dream Big

FEB. 6-10, 2023 WEEK

Have News to Share?

Email your photos or point us to your Twitter page by contacting info@aala.us, office@aala.us or directly to **President Nery Paiz** at <a href="mailto:np

work!

Toxic Boss? 8 Coping Strategies

Leveryone has been supervised by a toxic manager. According to <u>EMMOTION</u> (a recruitment and human resources consulting agency based in Barcelona, Spain), more than 80% of employees report quitting their job due to their boss. Toxic environments lead to a damaged self-esteem, constant stress, anxiety and even depression. <u>EMMOTION's</u> best advice for dealing with a toxic boss is to look for another job. However, given the rigidity of the transfer process in education, here are their eight strategies to cope with a toxic boss and work environment.

DELIVER YOUR RESULTS – don't let your boss call you out for missing deadlines. Keep track of your deliverables and milestones. Document everything and be ready to use it if your work output is challenged.

DON'T SINK TO THEIR LEVEL – don't confront your boss, regardless of what they do or say about you. Don't set yourself up for an insubordination charge or worse. Just let it roll off of you and deliver your results.

STOP BEING AFRAID - your toxic boss thrives off of your fear. Work on regaining your own self confidence and self esteem. You know your work ethic and results.

DON'T COMPLAIN TO CO-WORKERS - Commiserating with them won't make you feel better, and even worse they may use your words to brownnose with the boss.

STOP BLAMING YOURSELF - you know our boss' representation of you is misplaced. If it were truly you, you would never have risen to your current position.

STOP EXPECTING THEM TO CHANGE – you can't teach an old rock new tricks. Constructive feedback is not taken well by toxic people. It is not your responsibility to change them. Don't lower your guard.

LEARN TO STOP CARING - there will be other managers that will appreciate your worth ethic. Focus on what matters most to you (friends, family, etc).

USE GREY ROCK METHOD – become unresponsive, just like a rock. Limit your interactions with your boss. Rise above their negativity by focusing on short, factual responses. Never show your emotions and don't react when they try to bait you.

School Safety - All Means All!

Last month's shooting of a teacher by a 6-year old shocked the education community. Sadly, AALA also hears stories of members being assaulted and battered on the job. Administrators suffer head injuries, broken bones, torn ligaments, even had hospital stays for injuries resulting from workplace violence. While our members' physical injuries are covered under the district's Workman's Compensation Insurance, emotional scars are more difficult to address. No employee should work under conditions that lead to an assault or worse a battery!

The California Constitution requires schools to ensure a safe, secure and peaceful environment for students and employees (Article I, Section 28). However, the district focuses on student safety and one gets the feeling employee safety falls by the wayside. Search for workplace violence and *BUL-5798.0 Workplace Violence, Bullying and Threats (Adult-to-Adult)* pops up, but nothing addressing student-to-adult violence. How is the district addressing these assaults and batteries?

Parents learn that if their child assaults or batters an employee, they should immediately ask for an assessment for special education services and ask that their child "stay put" during the process. If the student that assaults or batters an employee has an IEP, parents or their advocates quickly point out that this behavior is somehow a result of the school not implementing the learning plan to its fullest extent, as if hitting an employee and a learning disability are somehow interrelated. If an employee is "brazen" enough to file a police report, it is not uncommon for them to be pressured to withdraw the complaint.

Restorative justice removed any discipline with "teeth" that might have served to deter students. School administrators share their hands are tied in addressing these violent incidents. Restorative circles can never "repair the harm" caused by these assaults and batteries. It is time for the district to reassess how it protects administrators from workplace violence!



Spring 2023

Teacher Grant



Application Opens: February 1, 2023

Deadline to Apply: February 28, 2023

Do you have an innovative learning opportunity for your students or know a teacher who does?

Share your vision for a special class project for your chance to be awarded one of our 10 teacher grants this Spring.

Submit your application: ccu.com/teachergrant

Eligible Applicants:

- Teachers of Los Angeles and Orange County
- Credit Union members teaching in the State of California

Federally Insured by NCUA. @ California Credit Union

EDUCATOR DEVELOPMENT AND SUPPORT (EDS) REMINDERS

Stakeholder Feedback Survey

The 2022-2023 Stakeholder Feedback Survey opens on February 13, 2023 and will be available online for students in grades 3-12 through March 17, 2023. The survey is designed to provide student feedback to teachers on key aspects of the classroom environment that are highly correlated with student learning outcomes.



All roster-carrying teachers at school sites (grades 3 and above) have access to administer the survey at LAUSD sites to students at https://survey.lausd.net. Please encourage your teachers to participate in this optional survey and promote the value of student feedback. Teachers and Administrators may review survey resources while at a District facility using the following link: https://officeapps.lausd.net/surveyadmin/main

Formal Observations and EDS Office Hours

The contractual deadline for conducting Formal Observations for UTLA-represented employees is Friday, February 17 and Post-Observation Conferences must be held with teachers within 10 business days of the Formal Observation. The EDS team is here to support you with any questions or issues you have. Please contact a team member at mypgs@lausd.net. In addition, weekly EDS Office Hours are available on Fridays from 2:00 – 4:00 p.m. and you may join using the following link: https://lausd.zoom.us/j/86108706782.

ASSIGNMENT MONITORING 2022-2023

All school sites are monitored yearly for appropriate teacher assignments, as such, it is important for school site administrators to ensure teachers are appropriately assigned to classes for which they hold a legal authorization. Principals should communicate with their Credentials and Contract Specialist if they have questions about a particular assignment. If principals have teachers working under an Education Code option (Middle School Authorization, Local Assignment Option, Board Permit, One Period Coach Authorization, Teacher Consent Form for True Electives, Alternative Setting Teacher Consent Form, etc.), Education Code options must be in place prior to the start of the assignment. A **Credentials and Contract Specialist** may be contacted for additional questions. Current forms may be accessed here: https://achieve.lausd.net/Page/1542.

Join Alliance for a Healthier **Generation and Kaiser Permanente** Thriving Schools for a one-hour, monthly professional learning series to learn and apply work culture practices for yourself, your colleagues, and your team. Webinars are provided with support from the California Department of Education. Click **HERE** to download flyer.

Don't skip a beat with your heart health

There's no better time to make heart-healthy changes, even though it can be challenging at first. Use these tips to learn what you can do to keep your heart healthy and encourage your loved ones to do the same.



Keep prevention top of mind

Taking steps to eat healthy, exercise, watch your cholesterol, manage stress, and maintain a healthy weight can help you prevent heart disease and other conditions. Not sure where to start? We have plenty of tips to help.



Understand common conditions

No two hearts are alike, and understanding your own can help you identify common conditions and get treatment if you need it. <u>Use this helpful</u> tool to find recommended screenings based on your health history.1



Get the most 총 from treatment and recovery

It can be challenging to know what steps to take if you or a loved one has a heart condition. Learn how to prepare for each appointment with your doctor.



Scan the QR code or visit kp.org/heart for more heart-healthy tips.



Associated Administrators of Los Angeles In Memoriam

ESTHER SINOFSKY - With much sorrow, the Division of Instruction shares the passing of our beloved Dr. Esther Sinofsky, Administrative Coordinator, Integrated Library and Textbook Support Services. Esther passed away peacefully surrounded by her loved ones on February 2, 2023. Esther dedicated her life to the students of LAUSD and ensuring that they loved reading as much as she did. Esther's name with synonymous with ILTSS, and will be greatly missed by her ILTSS family, colleagues, friends and family. Her services were held on Sunday, February 5, 2023 at Home of Peace Memorial Park and Mortuary. In lieu of flowers the family has asked that a donation in her memory can be made to **Tomchei Shabbos L.A.**, a charitable organization that provides food and financial assistance with dignity to those in need.

GIANCARLO MERCADO UPDATE - Funeral mass and interment were held on February 8, 2023 in Banta Barbara, CA. A memorial mass will be held on February 14, 2023 10:00 am, St. Monica Catholic Church, 725 California Ave., Santa Monica, CA 90043. Reception: February 14, 2023 11:00 am - 3:00 pm, The Grand Pavilion, 725 California Ave., Santa Monica, CA 90043.



Note to Applicants: Please be advised that you are responsible for making sure all the District requirements have been met. Do not contact AALA for information regarding positions; for detailed requirements for positions and employment updates use the contact phone number provided in the announcement or visit the District website at http://www.lausdjobs.org (classified) or http://achieve.lausd.net/Page/1566 (certificated). Employees who change basis during the school year may not earn a full year of service credit and annualized employees who change their basis during the year may sustain an annualized settlement.

CERTIFICATED positions are-open to certificated and classified employees who meet the position requirements.

Click **HERE** for school based positions

Click **HERE** for non-school based positions

CLASSIFIED positions are open to certificated and classified employees who meet the position requirements.

Click **HERE** for current job opportunities.

DO YOU WANT AALA WINGS?

For as little as \$5 or \$10 per pay period you can earn some! This is the simplest way to become an AALA Angel. Think about it, for about the cost of a latte or spirit you can fund college dreams. And who knows, the scholar you support may someday saves lives.

AALA established FRIENDS OF AALA, a 501(c)(3) nonprofit corporation in January 2011 to fund our student scholarship program for deserving LAUSD students. This Spring AALA awarded 35 \$2,500 and 17 \$1,000 scholarships to graduating seniors representing high schools and community adult schools. The Board of Friends of AALA meets its annual fundraising goal by seeking donations from AALA's active and alumni members, private foundations, service clubs, organizations, and businesses. The generosity of these donors is much appreciated.

Click **HERE** and earn your wings! All donations to FRIENDS OF AALA are tax deductible.

YOUR GENEROSITY FUNDS DREAMS



California Credit Union is awarding 10 scholarships of \$1,000 each.

\$1,000 Student Scholarship

Eligibility:

- Resident of Los Angeles and Orange Counties
- California Credit Union member or dependent of a credit union member who may live outside of our core service area
- · College-bound high school seniors
- · Community college students transferring to a four-year university

Applications Open: Monday, January 9, 2023

Application Deadline: Friday, March 10, 2023

Winners Announced: Monday, April 3, 2023

To apply, visit ccu.com/studentscholarship



Federally insured by NCUA. Equal Housing Opportunity. NMLS# 401403. @ California Credit Union.

Associated Administrators of Los Angeles Interest Groups - News You Can Use



Council of Mexican American Administrators 2023 SCHOLARSHIP COMPETITION

To: Senior High School Principal & Assistant Principal, SCS

From: **Lorraine Torres, CMAA Scholarship Committee, CMAA President**

Principal of Fries Avenue STEAM Academy, Region South

Subject: 2023 SCHOLARSHIP COMPETITION

> I. **QUALIFICATIONS**

- a. Hispanic descent, at least one parent.
- b. June 2023 graduate of a secondary school in LAUSD.
- c. **Fall 2023** enrollment in a <u>four-year college or university</u>, <u>no exception.</u>
- d. 3.50 LAUSD grade point average, minimum, on a 5.0 scale.

II. AWARD AMOUNT

Scholarship awards will be in the sum of \$2,000 each.

III. ONLINE APPLICATION PROCEDURE

Students are to submit the following via the Online Application:

- A completed Online Scholarship Application
- Photo Authorization and Release
- □ (1) Essay Maximum of 3 typed pages
- □ Transcripts 7 semesters
- □ Two letters of recommendation (Teacher, Administrator, or Counselor)
- Digital Color Photo (School Appropriate)

IV. INTERVIEWS WILL BE CONDUCTED ON SATURDAY, APRIL 15, 2023 AS PART OF THE SELECTION PROCESS

- V. AN AWARD CEREMONY WILL BE HELD ON THURSDAY, MAY 11, 2023 @ 5:00PM
- VI. DUE DATE FRIDAY, MARCH 17, 2023 by 5:00pm

(must be received by this date, no exceptions)

PLEASE COMPLETE ONLINE APPLICATIONS AT:

https://bit.ly/CMAA-2023-Online-HS-Scholarship-Application

VII. QUESTIONS – If you have any questions, please call Lorraine Torres at (310) 834-6431 or email lorraine.torres@lausd.net

COUNCIL OF MEXICAN AMERICAN ADMINISTRATORS 2023 SCHOLARSHIP COMPETITION

To: Option School, Community Day School and Adult School Principals

From: Lorraine Torres, CMAA Scholarship Committee, CMAA President Elect

Principal of Fries Avenue STEAM Academy, Local District-South

Subject: 2023 SCHOLARSHIP COMPETITION

I. QUALIFICATIONS

- a. Hispanic descent, at least one parent.
- b. June 2023 graduate of a secondary school in LAUSD.
- c. **Fall 2023** enrollment in a <u>two-year, junior college, or four-year college or university, no exception.</u>

II. AWARD AMOUNT

Scholarship awards will be in the sum of \$2,000.00 each.

III. ONLINE APPLICATION PROCEDURE

Students are to submit the following via the Online Application:

- □ A completed Online Scholarship Application
- Photo Authorization and Release
- □ (1) Essay Maximum of 3 typed pages
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(must be received by this date, no exceptions)

PLEASE COMPLETE ONLINE APPLICATIONS AT:

https://bit.ly/CMAA-2023-Options-Schools-Scholarship-Application

VII. QUESTIONS – If you have any questions, please call Lorraine Torres at (310) 834-6431 or email lorraine.torres@lausd.net